



# THE THOROUGHBRED

September 2015

THE OFFICIAL PUBLICATION OF THE KENTUCKY ACADEMY OF GENERAL DENTISTRY

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LOOKING FOR COMMITTEE MEMBERS**

## From the President...



As my first year as President of the KYAGD comes to a close I think the thing that I'm most proud of is the number of our members that achieved Fellowship and Mastership this past year.

This is certainly nothing that I can take credit for. The pride that our members have for our profession and the leadership of our past presidents and CE chair accomplished this. Proportionally our constituent has had a great number of members achieve these awards. Even more impressive is the number of members we have eligible or nearly eligible for these awards. For Fellowship alone we have 32 members that have met or nearly met the CE requirements for Fellowship.

We have several others who are nearing the requirements of Mastership. If you are a member and haven't started focusing on getting the CE hours for Mastership or Fellowship let me encourage to do so now. If you've already completed or are near completing the Fellowship we are here to help you. We'd love to talk to you about it at our annual meeting in October. The AGD has Fellowship review course on Oct 2-3 in Charlotte, NC. It's a great course and after taking it you should be well prepared to pass the Fellowship Exam.

The AGD was founded over 60 years ago and since that time only 15,989 members have earned Fellowship and 3,060 have received Mastership. Completing your Fellowship and Mastership is prestigious accomplishment that speaks to your dedication to continuing your dental knowledge in order to provide the best and most up to date treatment to our patients. How awesome would it look for KY to have over 30 new Fellows?

Complete your Fellowship or Mastership and let your patients, friends, and community know through an office newsletter, social media, or have an office open house or other event.

I look forward to seeing everyone at this years KYAGD Annual Meeting on October 2nd!

Sincerely,  
**Geoffrey S. Ball, DMD, MAGD**  
President, Kentucky Academy of General Dentistry

## ***KASPER The Friendly Ghost: My experience with online CE Attainment***



**As all practicing dentists know, as a result of HOUSE BILL #1 & 217, we have been required to access a KASPER report for all Schedule II prescriptions we dispense.** Additionally, **ALL** licensed dentists in Kentucky must complete 3 hours of continuing education that relates to the use of the **electronic monitoring system, pain management or addiction disorders** **PRIOR** to renewing their license December 31st of each renewal cycle. (2015) (*Dentists renew on odd numbered years*).

The hours are to be included in the 30 required hours and are NOT additional.

Initially, my view of this new CE requirement was the same as my cranky crabby neighbor who is always yelling “**HEY, YOU KIDS GET OUT OF MY YARD!**” ....Just another inane regulation to strangle my freedom to practice. After completing some of the on-line CE offerings, I began to see more merit in a requirement for education dealing with drug addiction and patient education. With this additional knowledge and implementation of screening suggestions we can help our patients and society.

HB #1 allows for the On-Line completion of the 3 hour CE requirement. THE COST IS FREE.

This is the story of my journey through AL Gore’s internet jungle.....

For those of you who are Louisville Dental Society Members (Highly Recommended!), Susan Lewis sent out a notice with a LINK to the On-line KY BOD approved KASPER courses. The link was as follows: <http://www.CEcentral.com/addictionky> The name of the site is CE CENTRAL and is sponsored/maintained by The University of Kentucky. Copy or type this link (I know all of the younger folk are laughing at me now) in the top line of your browser & press enter. You can also access the site by placing the address in your SEARCH box and clicking on the site from your results. It should be the top choice. **You will need ADOBE Flash player which is available on the CE Central website. Most modern computers will have this already installed.** Once you are at the CE Central site, you will need to register to obtain your CE credit.

I was already in the system, from previous UK sponsored CE, and had no clue what my password was. After several unsuccessful attempts, I finally called the listed contact number @ **859-257-5320** and was given a temporary password for access.

Smooth Sailing from Here....

**PRO-Tip #1) CE Central Office Hours are 8-5pm M-F, so begin your access during these hours so you can get help, if necessary.**

Your Opening page will say the following:

The approved courses are listed toward the bottom of the page and additional course are listed in the Left Bar under “Other HB 1 approved courses”. CLICK on the title in which you are interested. Some headings only list a single course and other headings list several.

According to Hasley at the KY BOD, ALL courses listed as “HB 1 approved” are acceptable for dental CE credit. Some do not list CDE (only MCE) as an option, so choose “other”. Call the board @ 502-429-7280 if you have additional questions.

Once you have chosen a course, the second page will list the presenter, Outline, Objectives, Credit hours & Other information. Did I mention, The cost is FREE. The CE Hours range from 0.25-1.5 allowing many combinations for credit.

CLICK on the “LEARN MORE” button to the Right. The Detailed course page is displayed.

The courses are either in a video or PowerPoint (Slides) format with audio. Controls allow movement forward & back throughout the entire presentation.

**ProTip#2) When completing the test, use the control buttons to quickly move to the section need to reference. You can also quickly skip any stories about the speakers pets, trips or cars;-)**

Toward the top of the page next to “Activity Progress” CLICK the “LEARN” button and the Video or presentation will begin to load. Maybe I am slow... but this step was confusing to me, initially.

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A screen will load and, depending on your connection, may need to wait a minute or two. Click on the White arrow in the center of the screen to begin the show!

At the completion of the presentation, a box will be displayed saying "Presentation Complete". Choose "Proceed" and you will be directed to the test. Choose your correct type of Credit. ... "CDE" or "Other". You must score at least 70%.

**Pro Tip #3) If you do not pass the test, the screen will not allow you to proceed to the credit screen, but you can go Back & review the presentation to clarify information & re-enter the correct answer.**

Once you complete the test, you can print a copy of the credit certificate for your records. Additionally, it is conveniently stored in your account or you can take a screen shot to store it electronically and send it to MY CE TOOL.

**ProTip #4) In the upper Right corner of the screen there are choices to PRINT, SAVE, EMAIL, or SHARE your transcript.**

The CE Central site was easy to navigate, fairly intuitive and a great resource of information. I appreciate the forward-thinking convenience of the online continuing education for this requirement.

Although UK will fall to the Mighty Cardinal Nation in athletic endeavors, UK has scored a touchdown with this CE Central website. I give it FIVE stars & a Hootie Hoo!

In total, after the initial phone assistance, I spent 3 hours and 10 minutes completing my credit. No parking, no fees, no time away from work & very little carbon footprint.....

The downside: I did miss the stories, camaraderie, entertainment, energy, and ability to ask & hear questions from a LIVE speaker. On-line CE versus Live CE is much like the difference between recorded & live music. You can't really replace one with the other.

I still have not tied any "ghost" reference into this article, just liked the title.

A list of the available courses (w/CEU's) are listed below:

Thanks for reading & have a great week.

Randy Ransdell, DMD

## ***HB1 Endorsed Online Courses:***

Opioid Addiction: Heroin Old dog with new tricks 1.0 CEU, Prescription Opioids, and Naloxone Overdose Prevention 0.5ceu  
Crash Course on HB1, KASPER, and Urine Drug Testing 0.75ceu

Overdose Prevention 2013 Symposium for Medical Professionals  
5 courses:

Overview of HB1 and Regulations 1.25 ceu  
How to Recognize Drug Abuse and Dependence in Patients 1.0  
How to Discuss Drug Issues With a Patient 1.0  
An Update on KASPER - Post House Bill 1.0  
Opioid Therapy: Risks vs. Rewards 1.0

The Good, Bad, and Ugly of Addiction  
Prescription Drug Abuse and Other Risky Behaviors in Rural Appalachia 0.75ceu  
Substance Abuse Treatment as an Integral Part of the Health Care System 1.0  
Methadone and Buprenorphine: Evidence-base in Addiction Treatment and Common Pitfalls and Myths 1.0  
Treating Opiate Addiction in Pregnancy: How We Got Here and Are We There Yet? 0.75  
Neonatal Drug Withdrawal: A Clinical Primer 1.0  
Therapeutic Use of KASPER and Urine Drug Screening and Testing in Clinical Practice 0.75  
The Front Line of Health Care and Drug Abuse 1.0

Substance Abuse in Pregnancy: Understanding Addiction As A Disease 1.25  
Compassionate Care In Treating Opioid Dependence During Pregnancy 1.0

## News and Media

### ***AGD Cautions Readers About Articles Concerning Alzheimer's Study***

CHICAGO (Sept. 16, 2015)—The Academy of General Dentistry (AGD) cautions readers about news articles on recent scientific findings concerning proteins that contribute to Alzheimer's disease.

In its Sept. 10, 2015, issue, *Nature* published a study that indicates the inconclusive possibility of human-to-human transmission of certain proteins that contribute to Alzheimer's disease. Some news articles have suggested that these proteins may be transmitted through the use of surgical instruments during certain dental procedures. However, this is not what the study, published in *Nature*, states.

"Our current data has no bearing on dental surgery and certainly does not argue that dentistry poses a risk of Alzheimer's disease," study author and University College London Neurology Professor John Collinge stated in a press release from the American Association of Endodontists.

"The study does not claim that dental treatment causes Alzheimer's disease," says AGD President W. Mark Donald, DMD, MAGD. "On the contrary, previous research has shown that dentistry may play an important role in reducing the risk of Alzheimer's disease, not causing it."

Indeed, studies have suggested a link between poor oral health and risk of Alzheimer's disease. Research published over the past decade in *Alzheimer's & Dementia*, *CNS & Neurological Disorders—Drug Targets*, and the *Journal of Alzheimer's Disease* identify possible links between periodontal disease and Alzheimer's, and opportunities to reduce the risk of Alzheimer's through oral health care.

"The deeper we delve into the research, the more we find relationships between oral health and systemic diseases, and the more we realize that the mouth is truly the gateway to overall health," says Dr. Donald. "Visiting your dentist twice a year can result in more than healthy teeth and gums. For some patients, going to the dentist can be lifesaving."

"Effective June 24, 2015, the requirement to have HIV initial or continuing education was repealed by the Kentucky state legislature." See <http://www.lrc.ky.gov/record/14R5/HB157/bill.doc>

### **Sign Up for Membership Auto-renewal**

With so many important dates to remember, your AGD membership renewal date doesn't have to be one of them! [Enroll today](#) in the AGD Auto-Renewal Program, and the AGD will take care of everything for you. If you sign up for auto-renewal, the AGD will automatically charge your annual membership dues to your credit card on file. You'll never receive a dues statement again! It only takes a moment to [enroll](#).

If you have any questions, contact the AGD Membership Services Center at 888.AGD.DENT (888.243.3368) or [membership@agd.org](mailto:membership@agd.org).



## *Pediatricians seek collaboration with dentists on fluoride varnish*



By Michelle Manchir, Senior Editor at American Dental Association

In support of the development of practice partnerships with pediatricians, the ADA Council on Access, Prevention and Interprofessional Relations is informing dentists of recent changes to federal regulations regarding fluoride varnish treatments that may result in more pediatricians providing oral health screenings and referrals to dentists.

In 2014, the United States Preventive Services Task Force released its updated recommendation on fluoride varnish use in the medical setting. The new recommendation advises medical providers to apply fluoride varnish to primary teeth starting with the eruption of the first tooth through age 5 years.

As part of the Affordable Care Act, all preventive interventions graded as an A or B by the USPSTF, including fluoride varnish, are fully covered services within medical insurance plans sold within the state or federal marketplace. As a result of this change, more physicians may be providing oral health preventive services, including caries risk assessment, anticipatory guidance, fluoride varnish treatments as appropriate and referrals to dentists in their community to establish a dental home.

“(Pediatricians) will undoubtedly need support from local dentists to help answer oral health questions they might have and to refer children to. Collaborative relationships between pediatricians and dentists will be vital,” said Dr. Jane Gillette, CAPIR chair and dentist member of the American Academy of Pediatrics’ Section on Oral Health.

The ADA has a long history of promoting child well-being and medical-dental partnerships. The ADA House of Delegates in 2004 passed policy stating that physicians and their properly supervised and trained designees “be allowed to provide preventive dental services to infants and young children.”

To strengthen dentist-pediatrician relationships, the ADA in July hosted a webinar for members on developing and integrating professional relationships with physicians into dental practices. This webinar, which included Dr. David Schirmer and pediatrician Grant Allen, M.D., both ADA CAPIR members, demonstrated clear roadmaps for bidirectional referrals and interprofessional practice.

Meanwhile, the AAP has said it will reinvigorate its Chapter Oral Health Advocate network (an initiative started with funding from the American Dental Association Foundation) that trains pediatricians in most states to advocate for children’s oral health and teach their peers how to integrate oral health into established “well baby” visits. The AAP says its pediatrician members are also looking for opportunities to expand and enhance partnerships with community dentists.

“We’ve been working with our pediatric and family dentists to accept referrals as young as 1 year of age,” said Dr. Allen, who is also a member of the AAP Section on Oral Health. “We are happy to do oral health risk assessment and fluoride varnish but we want our patients in a dental home around age 1 year.”

Added Dr. Lisa Jacob, chief of pediatric dental medicine at Dell Children’s Medical Center in Austin, Texas, and also a member of the AAP Section on Oral Health, “By joining forces, we can help reinforce a number of important issues including the importance of good oral hygiene, promoting healthy diets, having adequate fluoride exposure and the importance of overall safety.”

Dentists can visit the AAP Section on Oral Health web site, [aap.org/oralhealth](http://aap.org/oralhealth), or email [oralhealth@aap.org](mailto:oralhealth@aap.org) for more information. Dentists can also become members of the AAP Section on Oral Health.

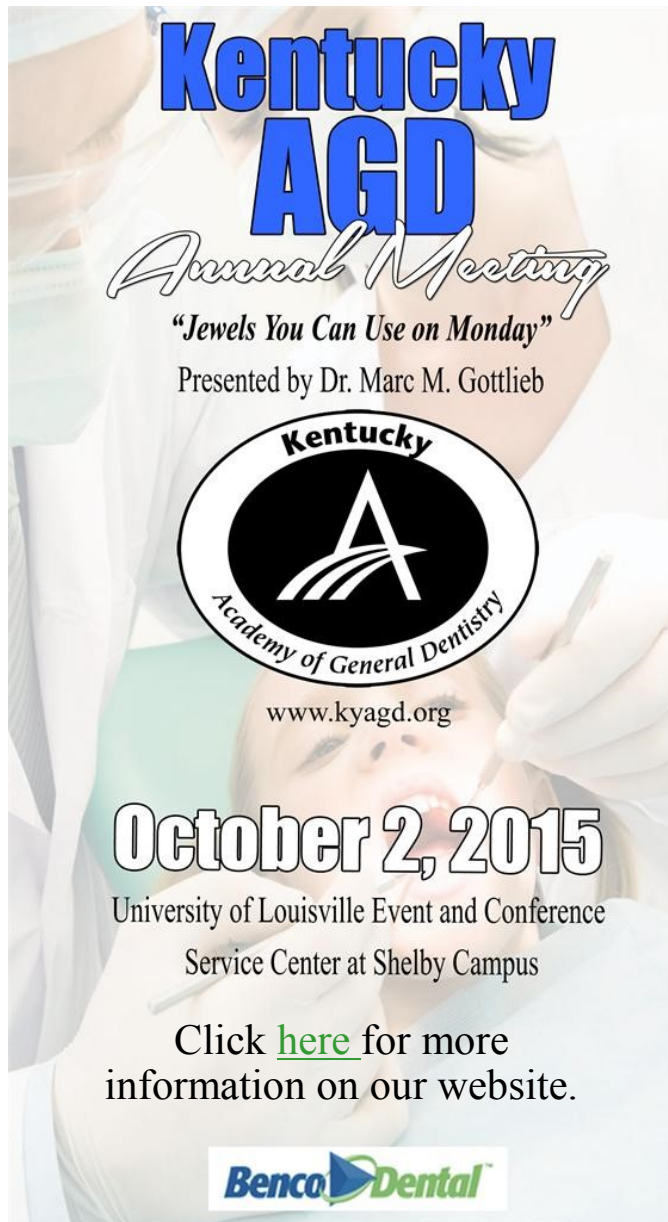
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## CALENDAR OF UPCOMING EVENTS




**Kentucky AGD**  
*Annual Meeting*  
"Jewels You Can Use on Monday"  
Presented by Dr. Marc M. Gottlieb



www.kyagd.org

**October 2, 2015**  
University of Louisville Event and Conference  
Service Center at Shelby Campus

Click [here](#) for more information on our website.



### Continuing Education...

#### Kentucky AGD

2015 annual meeting will be October 2nd at the University of Louisville Event and Conference Service Center at Shelby Campus beginning at 8:30 am. "Jewels you can use on Monday" presented by Dr. Marc M. Gottlieb.

Click [here](#) for more info.

#### Louisville Dental Society

Oct 15 will be at Audubon Country Club; Brian Wilson with Four Quadrants Advisory.

#### Indiana AGD

Date: October 16th & 17th, 2015 Time: 9am-5pm  
Oral Surgery Skills for the General Practitioner with Dr. Ted Reese. Indianapolis, IN at the Crowne Plaza near the International Airport

Link to course registration: <http://www.eventzilla.net/web/event?eventid=2139091773>

Date: January 22nd, 2016 Time: 8:30am-3:00pm  
Set Your Practice on Fire with Dr. Roger Levin. Indianapolis, IN at the Crowne Plaza near the International Airport

Link to course registration: <http://www.eventzilla.net/web/event?eventid=2139092358>



**Mark your calendar now for AGD 2016 in Boston, July 14 to 17, 2016, at the Hynes Convention Center**

### Board Meetings...

**Next KYAGD Board Meeting**— November 20th, 2015 at 5:30 at Cardinal Cafe Louisville, KY If you are interested in getting involved with the board and attending our board meeting please contact Maegan Bennett at [maegan03@hotmail.com](mailto:maegan03@hotmail.com) or 270-401-3928.

**Next KYBOD Board Meeting**— November 14, 2015 at 9:00 am at 312 Whittington Parkway First Floor - Board Meeting Room Louisville, Kentucky 40222. For more information about attending a Board of Dentistry board meeting please contact the Board at 502-429-7280.