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**WE WANT YOU!!!
LOOKING FOR COMMITTEE MEMBERS**

From the Board...



I Am Proud To Be A Member. Greetings from KY AGD!

I was proud to represent KY and Region 6 as a Delegate to our 2017 AGD House of Delegates in Chicago, Illinois. During this annual meeting, there are many types of ways to network with AGD Staff, Officers, Trustees and Regional Directors, Delegates and members from our Region 6 (KY, TN, WV, MO) and representatives from every US State, US Territory, Canadian Province, every military branch and VA and Public Health Service.

It was an honor to participate in the annual business of our organization and understand the high level of commitment and professionalism from our AGD leadership. It is impressive to see the detail and decorum displayed during the proceedings of the House of Delegates. It is humbling to know the time, energy and preparation for so many dedicated volunteers to step up and accept responsibility for being a voice for our profession. It is clear that this voice of the AGD is a compassionate, educated and informed voice for ALL of our membership. I am proud to be a member.

During the election and seating of our elected leadership for the upcoming terms, it is clear that our organization is represented well by a diverse group of leaders that mirror the trends of our profession. The face of General Dentistry is changing and so to the face of the AGD is changing. It is exciting to see the diversity in our profession and to know that these unique individuals will indeed be the strength of our future. I am proud to be a member.

The depth and breadth of experience and expertise demonstrated by so many of our leaders in our AGD organization is remarkable. The AGD is well represented throughout organized dentistry and the private sector. I am reminded of the idea of mentoring and leading by example in our House of Delegates. It was my observation that cultivating leadership and developing strengths and the desire to participate in the process is key in the success of our AGD. This goal of growing our leaders is not new to our organization, or any organization for that matter. Nonetheless, our success as a voice for the General Dentist depends upon this basic principle. It is the mission of every member of this organization to play a role in this process. It is my continued belief that the seeds of success of this growth and development begin at home. It starts with a simple invitation to join a meeting or participate in a class or volunteer for an event. There are so many ways to share gifts and be a part of the process. I would encourage each member to stand committed to a call to stay connected and active. I would extend the invitation for each of our members find a place to be a part of the KY AGD. I am proud to be a member.

I want you to be proud too! Let us know how together we can reach that goal....

Respectfully,
Mark A. Moats, D.M.D., M.A.G.D.
KY AGD Constituent President

FDA Issues Guidance Regarding Prohibition on Distributing Free Tobacco Product Samples

On Oct. 11, 2017, the U.S. Food and Drug Administration (FDA) issued finalized guidance to make clear that its ban on free samples of tobacco products includes electronic cigarettes. Specifically, the FDA said its ban on free samples of tobacco products applies to any tobacco product that is subject to FDA regulation, including components and parts of tobacco products like e-liquids and the refillable cartridges for e-cigarettes.

The agency finalized the regulation banning free samples in March 2010. At the time, the rule only applied to cigarettes, but the agency extended its authority to regulate all tobacco products, including e-cigarettes, in August 2016. FDA noted in its regulation at the time that free samples of e-cigarettes were being distributed at music festivals and motorsport events making them easily and freely accessible to children.

Under the guidance, tobacco product manufacturers, distributors and retailers can still sell products at a discount, accept coupons and offer two-for-one deals. They cannot, however, give out products in exchange for a consumer's contact information or for signing up for a mailing list.

Renew Your Membership and Win!

Renew your membership for 2018 by Nov. 30, 2017, for a chance to win one of 10 Apple iPad minis! To enter, just log on to agd.org to view your invoice and renew. It's that simple! Once you renew, you'll continue to enjoy all the great benefits of AGD membership, including free CE available through AGD's Online Learning and online CE recording; subscriptions to AGD's award-winning publications, AGD Impact and General Dentistry; and member-exclusive discounts through the Exclusive Benefits program. Winners will be announced in Jan. 2018 in AGD in Action.. Questions about membership? Contact the AGD Membership Services Center at 888.243.3368 or membership@agd.org.

FAGD/MAGD Deadline to Apply Approaching

In order to get recognized as a Fellow or Master at AGD2018 in New Orleans, June 7-9, all applications must be postmarked on or before Dec. 31, 2017. If you want to become a Fellow and are trying to complete your 500 CE credits, check out the upcoming course offerings. If you haven't taken the Fellowship exam, AGD has the resources to help you register and prepare. Do you need help fulfilling your Mastership requirements? Join an AGD MasterTrack Program in your area to team up with your peers and stay motivated. See you in New Orleans.

THE KENTUCKY AGD WELCOMES NEW MEMBERS

We encourage you to welcome new members in your community. Don't forget to recommend AGD membership to your colleagues. We need your membership to advocate for all dentists.

Christina Fleming, Jessica Hope King, Payton C. Larson, Collin J. Larson, Erica McDavid, Al-Harith M. Shalash, and Benjamin J. Taylor, DMD



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AGD NEWS AND UPDATES

The Kentucky AGD received the Public Information Award at the 2017 AGD House of Delegates

The Public Information Award recognizes excellence in public information achievements that have increased awareness of dental health issues and raised visibility for general dentistry, AGD and its members.

The Kentucky AGD received the award in Category 2. Pictured is AGD Immediate Past President, Maria A. Smith, DMD, MAGD, presenting the Award to KYAGD Vice President, Darren Greenwell, DMD, MAGD.



KY AGD Legislative Chair Elected as Region 6 Regional Director

Samantha Shaver, DMD, MAGD was elected this month as the new Regional Director for Region 6.

The regional director (RD) is a constituent and national position, receiving national direction and responsibilities as well as responsibilities originating from and directed to the constituents. RDs represent the national organization to local members, encourage local input to AGD Headquarters, and work to make the local organization as effective and active as possible. Regional directors act as the liaison between constituents in their region and AGD Headquarters. Read more on the roles and duties of the regional directors.



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THOROUGHbred

Report on Sojourn Donated Dental Clinic Nov 4th, 2017

Hello All,
Hope your Fall is going well & ready for the Great Pumpkin to arrive! Happy THANKSGIVING.
We experienced another great Donated Dental delivery day (D to the 4th power) @Sojourn on Sat, Nov. 4th.
Jacqueline made the sojourn hall sing with a plethora of dental volunteers.
Drs Jacobi, Mann & Mattingly(s) & Darra (& Lexington Volunteer) screened & radiographed a gaggle of people....We saw at least 38 patients....Dr. Chris was awarded an honorary MOS degree for his extraction expertise.
The front desk was anchored by Many Sojourn Volunteers. They made it all happen. Dental, Medical, Eye glasses....This awesome clinic provided much care to many people.

Jennifer organized the Hygiene Platoon & we welcomed RDH participants Jackie Coyle, Sarah Cupkovic, Ann Gilbert, Mary Jones, Jennifer Forsyth, Kim Burns, Beth Karrar, Emily Miller, Nicki Lathery .Kie, Haasya, Maya & Ciana were a huge help.

It was Hygiene harmony to witness the piezos and pumps singing the “healthy smile” song. They were all poetry in motion.

Drs. Lang & Rupp “Ran the Van” with aplomb. They were newbies but absorbed the situation quickly and efficiently.
Rebecca, Sophie, Michael, Grant & Farnaz owned sterilization & assisting quick-as-a-wink. Kudos to the PDS & dentists for making this happen.

Dr Ray did a bit of everything & the photo credits are all his! Thanks for making this fun!
Susan & Jim Lewis helped to get the show rolling & Sharon Drove the Big Rig

Delta Dental helped pay the bills.

I know I missed several volunteers at sign-in, and appreciated their efforts!
We treated at least 38 & provided \$12,480 in free dental care. We blew-by the Quarter million \$ mark (\$257, 676) in FREE donated services @ our next clinic THIS Sat @ 4th Ave Church on ST Catherine. 8:30-1pm

We are in need of volunteer DENTISTS for this clinic, as well as for the remainder of the 2017 clinics.
Hygiene volunteers and Dentists are needed.
Please call me @ 502-599-7361 or Susan Lewis @ 502-244-2005 to volunteer...

Dr Jacobi, Ray, Stratton, Brown, Ceislak & Ransdell are signed up....Many more to follow!

Thanks for all of your awesome help!
Mistakes via autocorrect!
Randy Ransdell, jererandell@yahoo.com

Next Clinic: Dec 2nd at St Joes from 8:30-1pm



Upcoming CE

Kentucky AGD presents

ACLS Certification presented by Team CPR Louisville.

ADL Dental Laboratory
4411 Poplar Level Road
Louisville, KY 40213

Date of Training: 12/15/2015-12/16/2017

Time of Training: 8:30am both days

\$399 for members \$499 for members

For more information or to register, click [here](#) or call Maegan Bennett at 270-401-3928.

Experience a Unique Approach to Modern Resin Dentistry presented by BioClear

ADL Dental Laboratory
4411 Poplar Level Road
Louisville, KY 40213

February 10, 2018

9am to 4pm

For more information or to register, click [here](#) or call Maegan Bennett at 270-401-3928.

Illinois AGD presents

Science & Technology of Treating Sleep Apnea a Roadmap to Lower Stress, Higher Income, and Healthier Patients

Friday, December 1 @ 8:00 am - 4:00 pm

For more information or to register, click [here](#).

Board Meetings...

Next KYAGD Board Meeting– Exact time and location TBD. If you are interested in getting involved with the board and attending our board meeting please contact Maegan Bennett at maegan03@hotmail.com or 270-401-3928.

Next KYBOD Board Meeting– January 13, 2018, at 9:00 am at 312 Whittington Parkway First Floor - Board Meeting Room Louisville, Kentucky 40222. For more information about attending a Board of Dentistry board meeting please contact the Board at 502-429-7280.

Is a Pumpkin Spice Latte Good for Your Teeth?

by Pamela Marzban, DDS, FAGD, LVIF

With the coming of fall, we also see the arrival of pumpkin spice flavored everything. But the vanguard and champion of them all is Starbucks' pumpkin spice latte, whose arrival every year is treated as a singular event, a marking of the changing season as inevitable and reliable as the equinox itself.

But what is the impact of this seasonal ritual? Is it good or bad for your oral health. The short answer is that it's bad. But it's not all bad, and the good and the bad of it are instructive of different factors to keep in mind as you make your daily food choices.



The Good Aspects of Pumpkin Spice Lattes

So what's good about this confectionary beverage? There are several ingredients that may be protective to your oral health. First, it starts with coffee, which has been shown to be very protective of your oral health. Coffee has powerful anti-inflammatory properties that can protect against gum disease. Coffee is associated with a protective effect against cavities—if consumed without sugar. Even with milk there's still a slight protective effect, which is good, because milk provides a strong defense against the staining that otherwise comes with coffee consumption.

Another good aspect of pumpkin spice lattes is the spices. Many of the spices in the mix have been shown to have a protective effect for your oral health. Cinnamon is the spice used most in the mix, and its anti-inflammatory properties can provide protection against gum disease. It also includes essential oils that can impair the activity of oral bacteria that cause cavities. Ginger also has the ability to reduce inflammation and impair oral bacteria. Nutmeg has also been shown to prevent cavities.

The Bad Aspects of Pumpkin Spice Lattes

Wow. With all those protective elements, you'd surely think that a pumpkin spice latte must be good for your oral health. Unfortunately, all those benefits are overwhelmed by the massive amounts of sugar in the drink. It's extremely sweet. A 16-ounce (Grande) pumpkin spice latte contains 50 grams of sugar. That's over 12 teaspoons of sugar—twice the recommended daily sugar consumption! Sugar tastes great, but it also fuels the action of oral bacteria. When oral bacteria can get sugar, they can grow, spread, and excrete acid on your teeth, which robs them of minerals and begins forming cavities.

The dangers of sugar to your teeth are increased because of the way you consume it, too. Few people chug their pumpkin spice latte. No, it's the sort of drink you love to sip and savor. And that means that you're giving a slow, steady supply of food to your oral bacteria, which means they can turn it into acid over a long period of time. This means they'll produce more acid and do more damage to your teeth over time, increasing the risk of cavity formation.

Protect Your Teeth from Pumpkin Spice Everything

Pumpkin spice lattes are not the only danger to your teeth packaged in a delicious treat. Most pumpkin spice products you'll see over the season are packed with sugar and dangerous to your teeth. The worst of these are the ones that will stick to your teeth or that you consume slowly over time.

To avoid damage from these treats, the best thing to do is to make them occasional treats. They're not everyday foods. Enjoy just a few to help get the spirit of the season. Also, rinse your mouth with water after consumption to remove residues and neutralize the acid. Brushing teeth too soon after can cause damage to your teeth.

Try to find options that have little or no sugar. For example, you can get a latte with no sugar, then add sugar and spices to your taste. You'll find that you can enjoy it with much less than the 12 teaspoons in the pumpkin spice latte.

But if you find that your teeth have been damaged or stained by pumpkin spice lattes or other treats of the season, we can help. Teeth whitening can combat stains, and reconstructive dentistry can repair cavities and other damage.

This blog post was originally published on Dr. Pamela Marzban's website.